



2008/2009 Racing Season Medical Authorization and Injury Waiver

Child's Name: _____ (please print clearly)

I hereby authorize the directors, officers or other persons designated by the Nashoba Valley Ski Club, Inc. to seek and/or authorize emergency medical treatment for my child, including x-rays, when recommended by a hospital or physician. This authorization covers any and all injuries occurring to my child while participating in the Eastern Mass. Buddy Werner League ski program.

Date: _____ Parent/Guardian's signature: _____

Emergency Information: (please print clearly)

Phone/pager #

Mother's name: _____ Home # _____

Work # _____

Cell # _____

Father's name: _____ Home # _____

Work # _____

Cell # _____

Insurance

Company: _____ Policy Number: _____

Medical Alerts (if any): _____

I/we, the parent(s) or guardian(s) of the child named on this form, who is participating in the Eastern Mass. Buddy Werner League racing program, give my/our approval for his/her participation in any and all club activities. I/we assume all risks and hazards incidental to such participation, including transportation to and from such activities; and I/we do hereby waive, release, absolve, indemnify, and agree to hold harmless NVSC and the Eastern Massachusetts Buddy Werner League ("EMBWL"), their organizers, officers, sponsors, supervisors, officials, participants, and person transporting my/our child to and from activities, from any claim arising out of any injury to my/our child. My/our child has my/our permission to participate in practices and races. I/we understand that by signing this waiver, I/we agree that neither NVSC, the EMBWL, nor its organizers, officers, officials, managers, or other members or activity participants are liable for injury to my/our child in connection with the season's activities.

Signed: _____ Parent(s) or Guardian(s)



2008/2009 NVSC VOLUNTEER DESCRIPTIONS (Parents with racers over 8 years old)

Except for the coaching, Nashoba Valley Ski Club is run entirely by volunteers. Without the help of the families of each racer, the club could not function. The following is a list (2 pages) of volunteer responsibilities for the upcoming race season. **No experience is necessary.** **VOLUNTEERING IS MANDATORY.** You will be notified as to your assignment when the schedule is complete. If volunteering as certain Coordinator or Assistant positions, it may preclude you from additional race day assignments.

BOARD POSITIONS OPEN FOR 2009-2010 SEASON

Shadow these out going board members and learn the job for next year! No experience necessary and this will preclude you from other assignments during the season. A great way to get to know other club members.

VOLUNTEER COORDINATORS

Organize the members who volunteer for their commitments.

J6 COORDINATORS

Run the events for our youngest racers.

TECHNICAL COORDINATOR

Fluent in Visual Basic for Excel Macros – the already established programs do the job for you. Most work is done pre race day from home.

VOLUNTEER OPPORTUNITIES

Required of all

REGISTRATION COORDINATOR:

Responsible for bringing race bibs to all home races. Oversee registration of racers on race days when NVSC is the host. This entails checking off names from the score sheets and handing out bibs to the racers. Requires being at the race one hour early.

REGISTRATION VOLUNTEER:

Register racers on race day when NVSC is the host. This entails checking off names from the score sheets and handing out bibs to the racers. Requires being at the race one hour early.

STARTER:

At home races, at the top of the racecourse, getting the racers started.

STARTER ASSISTANT

Assist Starter at top of course by helping the racers line up for their run.

GATEKEEPERS (for 9 & up course):

We need several people to stand alongside the racecourses to cover designated gates to watch for disqualifications. Great first timer job!

SCORERS:

Three or four people to record the totals on the sheets and the leader boards at the end of the second run and write up the ribbons for the award ceremony.

TIME RECORDER:

Two people are needed in the timing shack to record the times of the racers as the race coordinator announces them. An inside bird's eye view of the racers!

RUNNER:

Brings timing sheets to the race shack as each age group completes their run.

RACE DATA MANAGEMENT:

Race results are put into a computer for club standings and for seed lists, which are given to the host team by the Wednesday before each race. **All you need to know is Excel!**

CHIEF OF COURSE:

Collects cards from gatekeepers and delivers to race shack for DSQs & DNFs. Must ski, lift ticket provided.

ASSISTANT STATISTICIAN: Fluent in Visual Basic for Excel Macros

WEB SITE MAINTENANCE ASSISTANT: Assist in maintaining and updating our web site.

CHAMPIONSHIP RACE COOK-OUT COORDINATOR:

Everyone pitches in and brings something for the cookout. One person needs to be the contact to organize the event.

FUN RACE CONTACT:

This is the league sponsored race, but there is usually someone from each club that helps coordinate it. The race is in February.

TICKET SALES:

Assistant to Ticket Coordinator to work in the race shack helping expedite practice night ticket sales

PROFESSIONAL SUPPORT:

Provide legal and/or tax support with NVSC corporation paperwork

BIB COLLECTORS:

At the end of each racer's second run each racer's bib needs to be collected

RACE DAY SNACK COORDINATOR:

Pick up preordered coffee, hot chocolate and donuts and set up table at home races.

TROPHY COORDINATOR:

Arranging for procurement of trophies for the end of season awards in each age group

RIBBON COORDINATOR:

Sort the ribbons for each home race by age group at the beginning of the season and oversee race day distribution.

FUNDRAISING:

This may entail taking orders for NVSC vests, placing the order and handing them out. Any ideas are welcome.

VIDEOTAPER:

At each practice we would like to have two groups videotaped so that they can then go into the race shack and see how they look for review. The videotaping would be done in the first hour of practice.

ON HILL VOLUNTEERS: Practice nights, skiing position with tickets provided. Assist late arrivals in finding their groups and on hill racers to volunteers at the bottom for bathroom breaks.

BANQUET COORDINATOR: Plan our year-end awards ceremony with assistance from the trustees. You won't be on your own!

PARENT/CHILD RACE COORDINATOR: After one of our home races, we race with the kids! Bragging rights at stake.



2008/2009 NVSC VOLUNTEER DESCRIPTIONS (Parents with racers 8 years old & under)

Except for the coaching, Nashoba Valley Ski Club is run entirely by volunteers. Without the help of the families of each racer, the club could not function. The following is a list of volunteer responsibilities for the upcoming race season for J6 Racers. No experience is necessary. **VOLUNTEERING is MANDATORY.** After registration is complete, we will assign 8 & under volunteers according to interest (no promises you'll get what you want). You will be notified as to your assignment when the schedule is complete. Reminder: On-hill assignments require weather appropriate dress.

Starter:

At home races, at the top of the racecourse, getting the racers started.

Starter Assistant:

At home races, at the top of the race course, putting the racers in numerical order.

Timer:

At the bottom of the racecourse, assisting with the timing.

Radio:

Communicate with starter via hand held radio

Recorder:

At the bottom of the racecourse, recording the time of each racer.

Announcer: At bottom of race course, with bull horn, announcing "racer on course" along with the name of each racer.

Bib Collector:

At home races, at the bottom of the racecourse, collecting the bibs after the second run.

Registration:

Register racers on race day when NVSC is the host. This entails checking off names from the score sheets and handing out bibs to racers. Requires being at the race up to 1 hr. early.

Ribbons Coordinator:

At home races, at end of second run places printed results stickers onto ribbons.

Practice night:

We need 2 people in the race shack to assist the coaches with bringing in racers for bathroom breaks or to warm up.

Ticket Sales:

Assistant to Ticket Coordinator to work in the race shack helping expedite practice night ticket sales.

Professional Support:

Provide legal and/or tax support with NVSC corporation paperwork

2008 - 2009 RACE / VOLUNTEER COMMITMENT SIGN UP

Please choose three assignments for the first child in the program, add one for each additional up to five maximum. It takes 40-50 volunteers to run a race! Depending on the number of members you may not need to fulfill all assignments. Give both first and second choice unless choosing gatekeeper – many are needed for each race.

REGISTRATION WILL NOT BE ACCEPTED WITHOUT THIS FORM

NAME _____

PHONE _____ EMAIL _____

Parent of (list your athlete's name) _____

Racer age group – circle one J6 (8 & Under) J5 & Up

VOLUNTEER CHOICES

4 January vs. Bradford @ Nashoba 1st _____ 2nd _____

18 January vs. Ward @ Nashoba 1st _____ 2nd _____

8 February Trophy Race @ Nashoba 1st _____ 2nd _____

22 February vs. Bog/PH @ Nashoba 1st _____ 2nd _____

1 March Championship @ Bradford 1st _____ 2nd _____

PRACTICE NIGHTS (2 nights count as 1 assignment) _____

CHAMPIONSHIP COOKOUT LEAD/ASSISTANT _____

BANQUET LEAD/ASSISTANT _____

YEAR END AWARD COORDINATOR _____

ON-HILL ASSIST PRACTICE NIGHTS (TICKET PROVIDED, BUT NO VOLUNTEER CREDIT – IT'S FUN!) _____

BOARD POSITION SHADOW _____

ADDITIONAL SUPPORT POSITION _____

QUESTIONS ABOUT VOLUNTEER COMMITMENT SIGN UP PLEASE EMAIL
VOLUNTEERCOORDINATORS@NVSCRACING.COM

Please Note: If for some reason you cannot make the race you signed up for, you are responsible for finding a replacement. In consideration to all, especially the racers, it is important that your replacement be as committed and able to do the job as yourself.